

FULL OF LIFE



Celebrating Older People Day 'Full of Life in Newton Aycliffe'

A free event for people over 50

Thursday 1 October 2015 10.30am - 2.30pm

Newton Aycliffe Youth and Community Centre,
Burn Lane DL5 4HT (opposite Tesco's Superstore)

**FREE
EVENT**

- ⑥ Meet new people
- ⑥ Try new activities and new technology
- ⑥ Free health checks
- ⑥ Find out what's happening in your local community
- ⑥ Information and advice on issues which affect older people
- ⑥ Opportunity to have your say about what you need to stay healthy and happy

FREE
refreshments
and lunch

**Parking
available**

For more information contact:

Email: olderpeopleday@durham.gov.uk

Telephone: **03000 265 442** (Monday-Friday between 9.00am & 5.00pm)

Event organised by:

